Bí Cineálta
(Be Kind!)

Why do we have a Bí Cineálta Policy?

In school we should all feel happy and safe. But sometimes we need help. The teachers and SNAs want to help us.

What is Bullying?

It is when.....

someone hurts or is mean to another person on purpose lots of times.

What is Cyberbullying?

It is when.....

someone uses phones, tablets, or computers to say mean things, spread lies, or make fun of someone else to hurt their feelings lots of times.

If a student tells a staff member that they think they are being bullied, we will:

- → talk with the student
- → ask the student what they want to happen
- → work out a plan together
- → talk to their parents
- → talk to other student(s) involved
- → talk with the other student's parents

What should you do?

TELL someone

Who should you tell?

Teacher, SNA, a friend, a parent, a trusted adult



Ratified by Board of Management on: 30th June 2026